



ATLANTIC LIGHT

HEALTH AND MEDICAL POLICY

Atlantic Light Int'l Ltd believes that good health is as important as a safe work environment. Therefore, in keeping to our moral and legal obligation towards the health of our employees, we are committed to ensuring that our work environments do not endanger the health of our employees, visitors and the public, nor add any risk to their existing health conditions. We shall also provide a medical arrangement to cater for the health needs of our employees.

The objective of this policy is to:

- Promote and monitor the health and well-being of our employees;
- Show a culture of genuine care for the well-being of our employees;
- Increase productivity by reducing sick absence from work;
- Reduce turnover rate due to employee low morale on management commitment.

Atlantic Light Int'l Ltd in addition to an annually revised health scheme will achieve this by ensuring that the following procedures are carried out:

- Medical screening of new employees to ascertain their health status;
- Health risk assessment shall be carried out for every operation and activity;
- Regular communication of health information to encourage employees on their personal health care.
- In locations where hospitals or clinics are not available, a trained first aider or nurse shall be made available, with the provision of adequate first aid materials to:
 - ✓ Prevent death as a result of prompt and adequate attention to serious injury.
 - ✓ Treat injuries quickly and promote quick recovery;
 - ✓ Provide advice and treatment to minor ailments.

ANUGE FREDINAND
Managing Director

Date: January 06, 2025